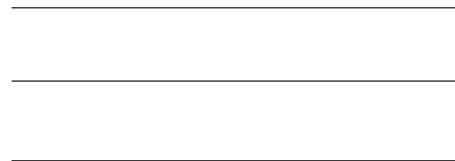


**COME LIVE. PRACTICE. PLAY**  
**in beautiful Humboldt-Del Norte**  
**Counties**

Explore Humboldt-Del Norte Counties, and see why physicians love practicing here along Northern California's coast. There is no other place with the magic of Northern California – misty redwood forests 300 feet tall, expansive beaches of sand and rock, wild rivers and quiet lagoons. There is something for everyone, whether you like quiet picnics or white water kayaking; fishing or golfing, making sand castles or surfing. You can enjoy first class shows on tour, through the university's Center Arts program. There is a strong community of local artists and musicians: yearly jazz, reggae, blues festivals, and unique local theatre, with 5 local theatre companies. It's never too hot or too cold to enjoy the beauty of the North Coast, and you can always find a quiet corner in our spectacular landscape.

Visit the Practice Opportunity section of our website and watch videos on life, practice environments, and recreational opportunities in Northern California. You can also watch videos about Loan Repayment Programs, Surgical Block Time, Food and Wine Culture, Spouses' Perspective, and more!

[www.hdncms.org](http://www.hdncms.org)





**Live.**



**Practice.**



**Play.**

**Humboldt-Del Norte.**