North Coast Physician



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HUM PET UPDATE Caroline Connor, M.D., MPH HUM PET Chair



F irst, thank you to Drs. Voet, Cink, Siegfried, and Botzler for presenting to the pre-med club at Cal Poly in last 6 months. Thank you to Dr. Voet and Dr. Korenstein for continuing to have students observe in anesthesia and family medicine. Thank you to Dr. Martinez for hosting the UC Davis Rural Prime internship. Lastly, thank you to Dr. Wang, Dr. Dittmer, MSIV- Savanna Thompson, and PreMed Students: Eric and Brodie for agreeing to participate in career fairs.

Lots of exciting updates on our quest to get more students interested in our wonderful profession. Below are updates divided into categories:

A. State of California wants more docs!

California has appropriated over 1 billion dollars to the Department of Health Care Access and Information (HCAI) with the goal of expanding the state's health care workforce.

1) Through a grant from HCAI, we are working with Dr. Zhong at Cal Poly to establish the *Paid Summer Internship Program* which will last 5 years. Selection was focused on underrepresented and underprivileged students from CR and Cal Poly. Each student will spend 5 weeks observing our doctors in their professional activities.

2) We are also collaborating with the K-16 Initiative to expose underrepresented students to healthcare. This funding also came down from HCAI as well.

B. Humboldt Del Norte Medical Society news

1) Penny has hired Audrey Gomes, Administrative Assistant, to help work on Google Sheet Grids and some outreach/ coordination for HUM PET. Grant money came from the Center for Regenerative Medicine and HCAI Summer Internship grant through Cal Poly.

2) Grids are the bread and butter of

HUMPET. The list is too long to covered here but suffice it to say we are tracking all doctors who are interested in our workforce development and all students who have worked with us or are connected to Humboldt-Del Norte in some fashion.

C. Medical School Connections

1) UC Davis: We are connected via the Rural Prime program. A few of our local students who attend UC Davis medical school returned to shadow doctors at UIHS. One UC Davis medical student, Savanna Thompson, will be working closely with us and Dr. Zhong at Cal Poly in the summer internship program and we will be helping her continue her research on "whether exposing students in high school to medicine leads to a future career in our field.

2) Stanford: We meet quarterly with administration to improve our connections and shadowing opportunities.

 COMPADRE: The FP Residency hopes to have a least one medical student from UC Davis this summer to spend time with residents in our family medicine residency program.

D. Cal Poly Humboldt

1) Pre-med Society-We are continuing scheduling talks to this group.

2) Biology 482-These students are currently scheduling observations/shadowing opportunities in your practices for spring.

3) Summer Internship Grant-We are part of this grant through the HCAI Department of Healthcare Access and Information that provides College of the Redwood and Cal Poly Humboldt students who are disadvantaged i.e., disabled, LGBT, Native American or financially underprivileged etc. to have a paid summer internship observing physicians in their respective fields.

4) CIRM-Many Center for Regenerative Medicine students take a gap year and work at Stanford or UC Davis studying stem cells. They return

to Humboldt and share

their research. We also set them up to observe doctors in a specific field of their choice in the spring.

5) K-16 Redwood Initiative -We are now meeting every other month with Angela Shull on Healthcare Pathways Committee part of the K-16 Redwood Initiative, a workforce development grant for underrepresented students in conjunction with UC Davis. They are also working on a Health Careers Workforce Training Facility in Samoa.

E. HCOE -Humboldt County Office of Education

1) HESI- Health-Careers Exploration Summer Institute is a free three-week summer education program sponsored by HCOE's Career and College Resources Department. It is an immersive program that provides students the opportunity to explore various careers in healthcare and gain first-hand experience. This year will be the 6th year HCOE has been offering this program. This year's program will run from June 20th – July 7th (with two additional evening days 6/12 and 6/13 and July 3-5th off for 4th of July). This year we will be accepting up to 26 students!

2) Classroom talks. We are still talking about our careers in medicine to Arcata High School Pre-Med Club and any other high school classes that ask. We have reached out to all AP teachers and counselors to provide information about HUMPET and observing opportunities.

3) DelNorte High School-now has a Medical Career Club and they are looking for docs to come up and speak to their club. Please let us know if you are interested. (Note: Workforce Development Grant through California Center for Rural

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HUM PET, Continued From Pg. 4

Policy to work with Schools in Del Norte to encourage health career paths

F. Behavioral Health Workforce Grants. There have been several recent grants focusing on Behavioral Health Workforce development, coordinated through Cal Poly Humboldt.

1) Career Fairs:

- a) March 23, 2023, 12-4 pm COR Crescent City
- b) March 27, 2023, 11 2pm COR Career Exploration Days – Eureka campus (*Dr. Connor & premed Eric Hanson*)
- c) April 6, 2023, 11:15 12:30 pm
 Career and Education Fair –
 McKinleyville High School (Dr.
 Wang, MSIV Savanna Thompson &
 PreMed -Brodie Lyons)
- d) April 20, 2023 (time not sure yet) Fortuna High School (Dr. Dittmer, MSIV -Savanna Thompson & Pre Med – Brodie Lyons)
- e) April 27, 2023, 10-1 pm COR Job Fair Eureka Campus (Dr. Dittmer & PreMed: Eric Hanson)

NOTE: we will be sending out the Annual HUM PET Survey with the Confidential Residence Directory (to home addresses). I'll email the survey to those of you we don't have home addresses for. There are several new questions on the survey so please re-submit If you previously sent. THANK YOU!!! §

CALPAC

CALPAC, the California Medical Association Political Action Committee, works to elect candidates who share our vision for the future of health care in California, as well as to maintain relationships with these legislators in office.

DODAATE NOOU Please donate today by scanning the code with your smartphone or visiting: calpac.org/donate.

CALPAC is a voluntary political organization that contributes to candidates for state and federal office who share our philosophy and vision of the future of medicine. Contributions are not deductible for state or federal income tax purposes. More information available at CALPAC.org

"We at NCP are always happy to receive photos of local scenery by our member physicians who would like to have their art displayed on the cover of the North Coast Physician. However, we have certain requirements before we print. At a minimum, please send you photos as a JPEG with minimal compression (level 8 or higher). Also please size the photo to 6 inches on the "short" side at a screen resolution of 125 dpi. If you're looking for total file size for email submission we would like something of at least 0.25 MB (250 KB) up to 2.5 MB. This gives the best screen resolution plus it provides adequate resolution for any-one who wishes to print out the cover. We will also accept TIFF or PSD files, although we prefer JPEG. If you need assistance, please let us know and the editor will be more than happy to work with you in obtaining the appropriate resolution."