



# North Coast Physician

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January Cover Photo:

*"Moonstone Sunset"*

*Stephen Kamelgarn, M.D.*

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## We Have Become Data Entry Specialists

### Emily Dalton, M.D.



When people ask me “What do you do” these days I jokingly answer “data entry specialist”. Unfortunately, it’s kind of true. I probably spend more time sitting at the computer clicking boxes and keyboarding phrases than I do talking with my patients. Even with the use of dictation software, charting takes a lot of time. It seems like most electronic medical record systems are designed to force clinicians to do an enormous amount of data entry. What happened to the idea that computers are supposed to make things easier for the user?

In my opinion I should be able to dictate an entire note quickly and efficiently and the software program should sort the data and place it in the proper locations in the chart. Think how much faster your note

writing would be if you could just dictate: “History” ...so-and -so... then, “Physical Exam”: ...such-and-such, and so on. Currently most programs require clinicians to scroll through various sections of the chart, painstakingly clicking on little dots or boxes next to various items. After doing this for decades, my right arm finally wore out. I was in so much pain that I had to switch to a left handed mouse. That is awkward to say the least. Maybe with the advent of AI we will see some advances in that direction.

One might think that having a scribe would be a good solution to this problem, and in many instances it can be. Those of you who have scribes are probably able to focus more on patient care than entering chart notes. Scribes come with their own set of problems however. Scribes

are expensive, and they can make the exam room crowded. I frequently see families that have several children, two or more parents or relatives present, and I often have a student or a resident doing training. Once we get more than 4 or 5 people in a small exam room it is almost impossible to work. In conclusion, I hope that the electronic medical record designers will take heed and try to craft software with ease of use in mind during future upgrades. Physicians should be able to prioritize time with patients and minimize time spent entering data. Emily Dalton, M.D. §

### **COVER PHOTOS NCP**

"We at NCP are always happy to receive photos of local scenery by our member physicians who would like to have their art displayed on the cover of the North Coast Physician. However, we have certain requirements before we print.

At a minimum, please send you photos as a JPEG with minimal compression (level 8 or higher). Also please size the photo to 6 inches on the "short" side at a screen resolution of 125 dpi.

If you're looking for total file size for email submission we would like something of at least 0.25 MB (250 KB) up to 2.5 MB. This gives the best screen resolution plus it provides adequate resolution for anyone who wishes to print out the cover. We will also accept TIFF or PSD files, although we prefer JPEG.

If you need assistance, please let us know and the editorial committee will be more than happy to work with you in obtaining the appropriate resolution."



**ECONOMIC  
ADVOCACY  
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HOTLINE:  
(888) 401-5911**

# HDN Tattler

**CORRECTIONS:** The December edition of the North Coast Physician featured a cover photo credited to the incorrect physician photographer. The cover image for December was taken by Stephen Kamelgarn, M.D.

**HAPPY BIRTHDAY TO:** DRS. Abdul Abdali, John Aryanpur, Benjamin Bernstein, Joan Davies, Ishai Erez, Alan Fishel, John Harris, Daniel Heyn, Ian Hoffman, Pinella Holder, George Husband, James Jaworski, Ann Lindsay, Thach Mai, Ryan McHenry, Elizabeth Micks, John Montgomery, Philip Olkin, Laura Pare, Jonathan Patberg, Lorien Paulson, Clint Pearson, Anirudh Rai, Brian Ruiz, Brian Stone, Casey Weiser, Landon Whittington, Valerie Williams.

If you have any news you'd like to share with your colleagues..... births, marriages, get well wishes, something you'd like to "brag" about to your colleagues, etc., Please let us know so we can include it in the "HDN Tattler".

## Coming, Going & Moving Around

### COMING/HERE:

Zev Tovian, M.D.	Hospitalist	PMG
Baham Chavoshan, M.D.	Critical Care	PMG

### GOING:

Michael Borrello, M.D.

### MOVING AROUND:

Monique Schwartz, D.O.      Sutter Medical Group  
Membership Status moved to "Active"

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## Health Awareness Calendar

### January:

Thyroid Awareness Month  
National Glaucoma Awareness Month  
National Birth Defects Prevention Month  
Cervical Health Awareness Month  
National Blood Donor Month  
January 23: Maternal Health Awareness Day

# CLASSIFIED ADVERTISEMENTS & BULLETIN BOARD

## PHYSICIANS NEEDED

*Members wishing to place a classified ad  
(Business- free to members for first 6 mos. /  
Personal 1/2 price)  
contact Medical Society office.*

## PRACTICE OPPORTUNITIES

Refer to Practice Opportunities on our website for a list of Practice Opportunities for Physicians. Separate listing for Advanced Practice Clinicians is also posted.  
Recruitment  
Brochure; Links to Local Recreation; Links to Loan Repayment Programs; and more....  
[www.hdncms.org](http://www.hdncms.org)

## MEMBERSHIP DIRECTORIES

The 2024 Membership Resource Directory will be dropped off and/or sent out soon. Please contact the Medical Society office if you need to order extra copies for you or your staff. 707-442-2367

### DID YOU KNOW.....

The Medical Society receives many calls from your offices and the public looking to find copies of medical records from physicians who have retired, moved out of the area, etc. The Medical Society tries to keep a list of where to refer for those records. Physicians relocating out of the area or retiring, please let us know.



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### KNOW OF HOUSING OPTION?

The Medical Society frequently receives calls for help in finding housing for our new physicians, Residents and other healthcare professionals. We also are trying to keep a list of "rooms" available for medical students that are rotating through. If you or know of someone who has rental or temp housing options, please let us know. Send email to: [hdncms@gmail.com](mailto:hdncms@gmail.com)

## Display Advertising Rate Schedule

<u>SIZE</u>	<u>MONTHLY</u>	<u>SIZE</u>
1/4 Page	\$140.00	8.00 (w) x 2.50 (h)
1/2 Page	\$160.00	8.00 (w) x 5.25 (h)
1/3 Page Vertical	\$150.00	3.00 (w) x 10.50 (h)
Full Page	\$200.00	8.50 (w) x 11.00 (h)
Full Page/Special Placement	\$275.00	8.50 (w) x 11.00 (h)
Business Card Ad	\$65.00	Copy Ready 3.50 (w) X 2.00 (h)
Classified Ads	\$5.25 per line	

*DEADLINE: 15th day of the preceding month to be published*